

# Duke of Edinburgh Bronze Award 2024

Parents information evening

DofE Coordinator: Beth Chamberlain and Emily Marsden



**D***of***E**

# Why do your DofE?

- ▶ So why should you do your DofE? What are you going to get out of doing it? Well, the benefits of achieving your Bronze Award are endless. It's difficult to list them all, so here's a quick snapshot. You'll...
- Have lots of fun
- Get healthier and happier
- Meet incredible people and make lasting friendships
- Have amazing new experiences
- Find talents you didn't know you had
- Gain skills that employers value, which you can reference on your CV
- Become more confident and independent
- Stand out from the crowd in college, university and job applications
- Make memories that will last a lifetime.



*"As an actor I know how much Award holders' experiences and the skills they've developed matter. Without determination and passion I wouldn't be where I am today."*



*"Life doesn't naturally happen, you've got to get involved. What better way to do that than do your DofE. As an employer I want to work with people who have a range of skills and can see things through."*

**Deborah Meaden**, Entrepreneur and Dragons' Den Investor

# How long will it take me?

- ▶ Activities for each DofE section take a minimum of one hour per week over a set period of time, so they can be fitted in around your studies and life outside school.

You'll need to participate regularly and show that you're committed to your DofE during this time.

**Bronze (Year 9+)**

**Volunteering**

**3**

months

**Physical**

**3**

months

**Skills**

**3**

months

**Expedition**

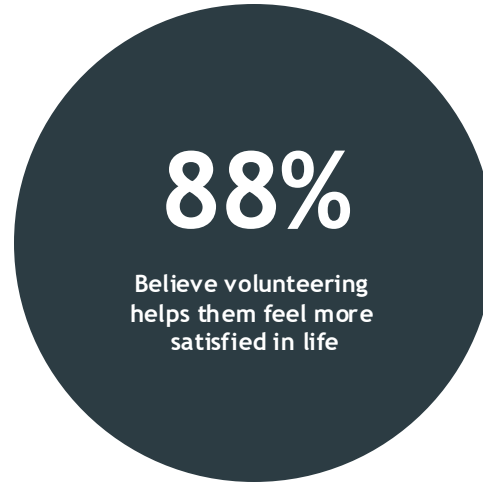
**2 days**

**1 night**

Plus a further **3 months** in either the Volunteering, Physical or Skills section

# Volunteering

- ▶ Volunteering is all about making a difference to others' lives. Perhaps you're interested in animals or conservation? Or you want to raise money for a cause that means a lot to you?
- ▶ Coaching a local club.
- ▶ Helping in a charity shop.
- ▶ Helping around the community.
- ▶ Assisting with extra curricular activities at school.
- ▶ It's extremely rewarding.
- ▶ It can also give you the chance to experience the world of work.





# Physical

The Physical section is a chance for you to focus on your health and fitness and have fun along the way.

Try something completely different or concentrate on something you already do, as long as it requires a continuous level of energy and physical activity.

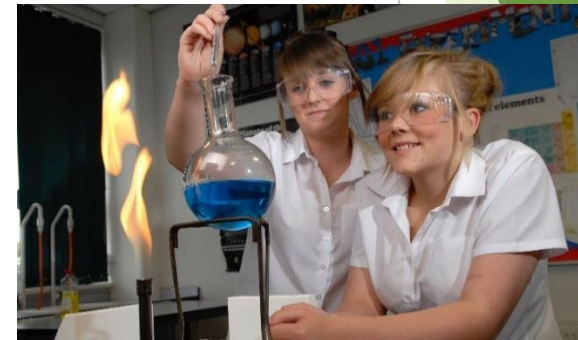
From Zumba to football, skateboarding to walking - almost any dance, sport or fitness activity can count.

Whether you decide to join a team or do it on your own, it's up to you.



# Skills

- ▶ From podcasting to playing a musical instrument, the Skills section is a great way to learn a new talent, develop existing skills and find something you enjoy doing.
- ▶ You can improve confidence and develop practical and social skills whilst learning how to rise to a challenge.
- ▶ Sports official
- ▶ Cooking
- ▶ Musical instrument.
- ▶ Learning a new skill.



# Activity Log

Date	What you did	Hours	Initials



# Expedition

Exploring the countryside and spending a night away with your friends. Your expedition will give you lifelong memories.

You'll plan, train for and do an expedition, spending two days and one night away.

As part of a small team, you'll plan your aim and do some training to make sure you're prepared and know what you're doing.

Your expedition will improve your communication and leadership skills.

Students will walk around the local area after being dropped off and collected at the same points.



# Dates:

## Please note:

Student will make their own way to the expedition meeting points.

During school	Every Thursday after school 3:10-4pm will be DofE training to keep track of the students progression.
Practice/Training	Friday 4 <sup>th</sup> - Saturday 5 <sup>th</sup> April 2025 Friday - Burbage Common Saturday - at George Eliot Academy <b>If student cannot make both days, they will not be able to do the expedition.</b>
Expedition	Friday 16 <sup>th</sup> May - Saturday 17 <sup>th</sup> May 2025 One night camping. Area around Blackwell Adventure camp site. Roughly 40 minutes away from school

# The cost:

Outdoor agency CHASE	£135  Includes: Training x2 days Assessor fees Staffing fees from CHASE not GEA.
Kit hire (tent, sleeping bag, map, sleeping mat, cooking equipment)	£15
<b>Total</b>	<b>£150</b>

Paid through Weduc:

**Paid in 3 £50 instalments.**

1<sup>st</sup> payment before 29<sup>th</sup> November 2024

2<sup>nd</sup> payment before 31<sup>st</sup> January 2025

3<sup>rd</sup> payment before 31<sup>st</sup> March 2025

**If this is a barrier to participation please speak with us after the meeting to discuss how the school and/or DofE can help.**