



GEORGE ELIOT ACADEMY

NEWSLETTER - 21ST SEPTEMBER 2023



◀◀ WELCOME BACK

We would like to say a warm welcome back to all of our pupils and parents. Pupils have returned to school in excellent fashion showing true tenacity to be the very best versions of themselves.

All pupils attended a welcome assembly with Mrs Zakary, where they heard about the amazing achievement of Mr Clark who ran 135 miles as part of this year's Ring O'Fire challenge.

Pupils have also had a period of induction where they have had refreshers on routines and expectations, spent time with their form groups and prepared for the year ahead.

With our move to United Learning continuing well, this is an exciting time for us at George Eliot Academy and we are excited for the year ahead.

▶▶▶ BATTLE OF BRITAIN MEMORIAL

Well done to Callum and Owen for taking part in the Battle of Britain Memorial service at Oaston Cemetery on Sunday 17th September.



KEY DATES

Date	Year group	Event
Thursday 21st September 2023		Open Evening - School closes to pupils at 1pm
Thursday 28th September 2023	All	Settling in evening (face to face)
Thursday 5th October 2023	All	Concertina day - school closes to all pupils at 1.10pm
2nd - 16th October 2023	11	Internal assessments
Thursday 26th October 2023	11	Parents' evening 4pm - 7pm (Online)
Friday 27th October - Monday 6th November	ALL	Half Term
7th - 17th November 2023	11	Formal Mock exams
Monday 27th November 2023	All	Concertina day - school closes to all pupils at 1.10pm
Thursday 15th December 2023	10	Parents' evening 4pm - 7pm (Online)
Friday 22nd December 2023	All	INSET

➤➤➤ CAREERS SUPPORT IN SCHOOL

Can you spare 20 minutes one lunch time?

We are looking for volunteers to come into school to talk to pupils about the world of work between 1.15-1.45.

If you are able to help, please email Miss Smith, Sophie.Smith@midlandat.co.uk



◀◀◀ WELL DONE CHARLIE

Charlie W has once again outdone himself by competing at the Barum Box Cup. Well done Charlie, we are all very proud of your achievements.

MENTAL HEALTH IN SCHOOLS TEAM



Mental Health in Schools Team (MHST)

Tips For Wellness:

RESILIENCE

Resilience is our ability to **bounce back** from difficulties and adapt to challenging experiences. There are times when things will not go how we planned, so being resilient will help us keep going and try again. Resilience is not something we have, or do not have, we can all develop our resilience!

Our tips for being more resilient:

1- Practise saying these phrases about your work:

"I did better than I thought I would" instead of "I didn't do as well as I'd imagined"

"I pushed myself and worked hard" instead of "I could have worked harder"

"I took a chance and tried something new" instead of "I stuck to what I know"

"I listened to others' feedback" instead of "I kept going using my own approach"

"I asked for help when I needed it" instead of "I did not understand what I was supposed to be doing"

2- Ways you can be resilient:

-Take a positive perspective

-View challenges as learning opportunities

-Focus on the things you can control, instead of dwelling on the things you can't

#ThanksKids recognises the efforts and kindness of children and young people, and thanks them with personalised #NHSStars certificates. If you know a child or young person that deserves recognition for going above and beyond, don't wait, nominate!

thankskids@covwarkpt.nhs.uk

MHST are available to support you and your school throughout the school year including term time and school holidays. Please contact your school's Mental Health Lead for information and advice.

PTA PRE-LOVED UNIFORM SALE

You are welcome to visit the school on the following dates when our PTA will be selling pre-loved uniform - you are welcome to make donations at this time too.

Thursday 21st September - During Open Evening (6pm - 6.45pm)

Thursday 28th September - During Settling In Evening

5TH OCTOBER- EARLY CLOSE

Please note that the school will close to pupils at 1.10pm on Thursday 21st September for staff training

EXCELLENCE IN LESSONS

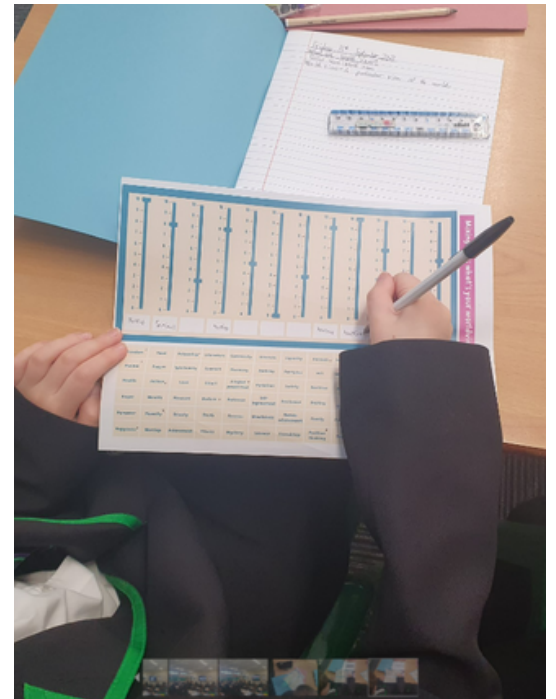
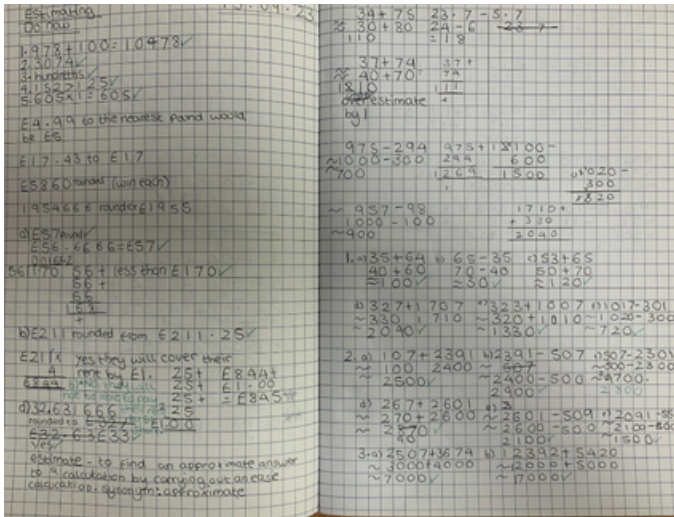


YEAR 7 ART - LEAF DRAWINGS

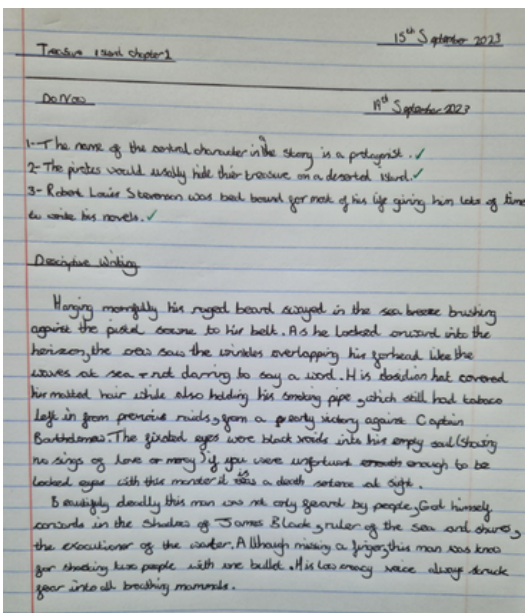
YEAR 7 FOOD - KNIFE SKILLS



YEAR 7 MATHS - ESTIMATING



YEAR 7 RE - WORLDVIEWS



YEAR 7 ENGLISH - TREASURE ISLAND