

# GEA Newsletter

Be Kind and Aim For Excellence

9th March 2023

## Easter Bingo night

Save the date—our PTA are holding an Easter Family Bingo night on Tuesday 28th March, 6.30pm to 7.30pm. More information to follow on Weduc.



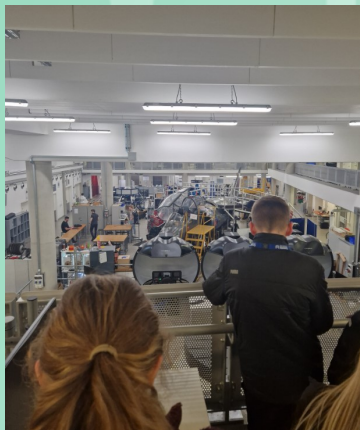
**George Eliot Academy**

Part of The Midland Academies Trust

## Coventry University trip

Last week, our Year 7 pupils were invited to visit Coventry University to get a hands on experience of what university life can be like.

They saw a working fighter jet, had tours of the campus, a free lunch in the student union and got to speak to a range of student ambassadors. Some even got to win some prizes on the end of day quiz.



## Key Dates

Date	Year group	Event
13th March 2023	ALL	Carnegie Shortlist Bookclub launch
27th March 2023	8	HPV1 vaccine
30th March 2023	10	Geographers to Carding Mill Valley
28th March 2023	9	HPV2 vaccine
31st March 2023	ALL	Inset Day
1st - 16th April 2023	ALL	Easter Holiday

All key dates can be found on our website by [clicking here](#)

## Personal Development Curriculum

At George Eliot Academy, our Personal Development Curriculum is ingrained in every part of your child's school life and covers:

- Careers support and guidance
- Pupil leadership
- Weekly themed assemblies
- Personal development sessions lead by external visitors
- Extensive reading programme
- Enrichment and clubs

In the newsletter, we will spotlight key elements of our personal development curriculum to keep you informed.



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## Lunch Menu update

GEA Menu 2022/23

George Eliot Academy

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast &amp; Bread</b>	Breakfast Café	Breakfast Café	Breakfast Café	Breakfast Café	Breakfast Café
<b>Main</b>	Meatballs and Pasta	Lasagna and Salad	Sausage with Peas, Carrots and Roast Potatoes	Chicken Burrito with chopped Mixed Salad	Fish, Chips and Peas
<b>Veggie Zone</b>	Jacket Potato, Cheese and Beans	Pasta Bake with Mixed Salad	Quorn Fillet / Veggie sausage with Peas, Carrots and Roast Potatoes	Vegetarian Burger served with Salad and Mayo	Pizza and Chips
<b>Dessert</b>	Pud of the Day	Pud of the Day	Pud of the Day	Pud of the Day	Pud of the Day

Served on weeks commencing: 27/02, 13/03, 27/03, 10/04, 24/04, 08/05, 22/05, 12/06, 26/06, 10/07

GEA Menu 2022/23

George Eliot Academy

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast &amp; Bread</b>	Breakfast Café	Breakfast Café	Breakfast Café	Breakfast Café	Breakfast Café
<b>Main</b>	Chicken Tikka with Rice and Naan Bread	Paninis with Salad and Coleslaw	Roast Beef, Yorkshire Puddings, Carrots, Peas and Roast Potatoes	Chicken Wraps with Salad	Fish and Chips or Pizza and Chips
<b>Veggie Zone</b>	Jacket Potato, Cheese and Beans	Pasta Bake with Mixed Salad	Quorn Fillet / Veggie sausage with Carrots, Broccoli and Roast Potatoes	Macaroni Cheese	Pizza & Chips
<b>Dessert</b>	Pud of the Day	Pud of the Day	Pud of the Day	Pud of the Day	Pud of the Day

Served on weeks commencing: 06/03, 20/03, 17/04, 01/05, 15/05, 05/06, 19/06, 03/07, 17/07

Up to date menus can always be found on our website by [clicking here](#)

## Parent Voice—New Chair

We are thrilled to welcome the new Chair of our Parent Voice group, Laurel Brindley. Laurel writes:

"My daughter attends The George Eliot Academy. I really enjoy volunteering my time to help to improve the school for the pupils, parents, and staff. I endeavour to ensure that every parent feels supported, respected, and listened to, and that your concerns are acted upon. I have previously worked as a teacher and school manager, and I have a good understanding of what is expected from a school. If you have any thoughts on how the school can be improved, or if you want to let us know what is going well, please do not hesitate to contact me"

You can contact Laurel via:  
[ParentVoiceGEA@midlandat.co.uk](mailto:ParentVoiceGEA@midlandat.co.uk)

## PSHE Upcoming Topics

Please see below for the range of topics covered this half term in PSHE lessons.  
 If you would like any supporting materials or further information, then please contact [infoGEA@MidlandAT.co.uk](mailto:infoGEA@MidlandAT.co.uk) and refer your email to Sophie Smith.

Year 7—Careers and employability

Year 8—Relationships, safe sex and contraception

Year 9—Relationships, consent and abusive relationships

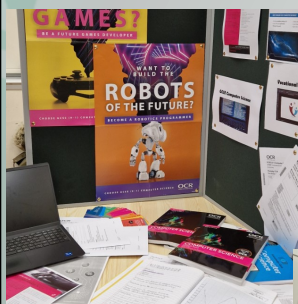
Year 10—Health and wellbeing, mental health, body image and gender

## Year 9 Pathways Evening

Our Year 9 Pathways Evening was a wonderful success tonight. It was really exciting to see so much discussion about GCSE choices, education and career paths.



Pupils will select their GCSE options this week in discussion with parents and teachers.



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# Safeguarding updates

## Vaping

The purpose of this communication is to inform you of the issues around vaping amongst young people which is becoming a growing national trend, give you resources if you feel your child is involved in this kind of behaviour, as well as alert you to possible repercussions if your child engages in vaping on the GEA Academy site.

Like cigarettes, it is a criminal offence to sell an age-restricted product to someone who is underage. Where we become aware of premises selling vaping devices to anyone underage, we will report this to Trading Standards.

The Surgeon General reports that nicotine is addictive and can harm brain development, which continues until about age 25. We know that using nicotine may make it harder for school related tasks such as learning and concentration. Pupils may not be aware of the harmful effects of vaping.

Vaping is prohibited in our Behaviour Policy, which aligns with the Home / Academy Agreement that all pupils and parents/carers sign on arrival at the academy. Possession of items relating to vaping, or vaping on site will lead to severe sanctions, and interventions with pupils, as well as parents being informed, or even invited in for meetings. Items confiscated will be held on site until they can be collected by a parent or carer, since they are age-restricted; we will reiterate the legal requirement for children not to be in possession of them.

You may be familiar with vapes that emit a plume of smoke, this is not the case with many devices on the market now. There are some examples of different vapes above. Many are disguised as other common devices. Some can look like a thick pen, a stylus for an iPad, a flash drive, or a small flask with a round chimney coming off the top. Some are disposable whilst others require a refill. The devices are very small and can easily be hidden on a person or blend in with normal backpack or pencil case items.



# VAPING... A TOXIC MIX

It's more than just WATER VAPOR

**BENZENE**  
Benzene is a widely used industrial chemical. Benzene is found in crude oil and is a major part of gasoline. Benzene can lower bone marrow, and affect blood cell levels.

**ACETONE**  
Commonly used in nail polish remover. Acetone can irritate the eyes, along with depending on the amount inhaled.

**TOLUENE**  
Commonly used in paint thinner. Toluene is highly toxic. The chemical can cause headaches, nausea, and breathing difficulties.

**NICKEL**  
Commonly used in stainless steel, car production, magnets and batteries. Nickel can cause cancer, lung damage, and immune system failure.

**LEAD**  
Used in car batteries. Lead is highly toxic. It has been banned from many products. Lead poisoning causes growth, brain damage, and can even lead to death!

**CADMIUM**  
Used in batteries, cadmium causes damage to the liver, kidneys, and brain. This chemical takes years to leave the body.

**ACROLEIN**  
Used as a herbicide to control weeds and algae. It is a toxic irritant to skin, eyes, and nasal passages.

**FORMALDEHYDE**  
This is used to preserve dead bodies. It causes cancer and can lead to lung damage. Formaldehyde also leads to skin and digestive system damage.

**LIQUID NICOTINE**  
THE MOST DANGEROUS PART OF VAPING. HIGHLY ADDICTIVE AND TOXIC. EVEN SMALL AMOUNTS OF LIQUID NICOTINE ABSORBED THROUGH SKIN, OR INHALLED OR CAR CAUSE SERIOUS, VISIBLE HARM EVEN DEATH IN CHILDREN.

Caution on our different "e-liquids" comes in many forms, sizes, colors, and the packaging is very appealing to younger kids.

The products shown contain chemicals found in e-liquids. The products themselves are not added to e-liquids and are used for illustrative purposes only.



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