

LUNCH menu

WEEK ONE - AUTUMN WINTER

(V) vegetarian option

(Ve) vegan option

SOCIETY ST **KITCHEN** eat. drink. together

STAR DISH

MEAT FREE
























































GRAB & GO

POT 'N' TASTY

WRAP OR SUB

SIDES

TODAY'S DESSERTS

Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Mexican Vegetable & Mixed Bean Quesadilla, Warm Nachos (V) 	Chilli Con Carne & Fiesta Rice  	Roast Gammon with Gravy & Roasties	Paprika Chicken & Sri Lankan Dhal, Steamed Mixed Rice  	Sustainably Sourced Battered Fish & Chips or Grilled Sausage & Chips 
Italian Vegetable & Giant Couscous Stew, Garlic Crostini (Ve)  	Chilli Sin Carne & Fiesta Rice (Ve)   	Roast Quorn, Gravy & Roasties 	Roasted Coriander Sweet Potato, Sri Lankan Dahl & Steamed Mixed Rice   	Cheese & Tomato Pizza & Wedges/Chips  
Vegan Sausage Roll (Ve) 	Cheesy Meatball Arrabbiata Toasted Baguette 	Brunch Pot 	Crispy Pork or Beef Soft Taco  	Pepperoni Pizza & Wedges/Chips  
Tomato & Basil Pasta 	Sweet Chilli Chicken Pasta 	Chicken Tikka & Steamed Rice 	Sweet & Sour Chicken Noodles  	Pasta Arrabbiata 
	Mediterranean Chicken 	Piri Piri Chicken 	Mediterranean Chicken 	Chicken Tikka 
Baked Beans    Broccoli  Mixed Salad	Baked Beans    Fajita Roasted Sweetcorn & Peppers  Mixed Salad	Baked Beans    Mixed Vegetables  Mixed Salad	Baked Beans    Garden Salad Sri Lankan Vegetable Salad Wedges	Baked Beans    Peas  Mixed Salad
Vanilla & Cherry Cookie Cup	Jam Bun	Ginger Cake & Custard 	Giant Chocolate Cookie	Apple Crumble & Custard 

Slow-Release Energy Foods



For a Healthy Gut



Brain Boost



Contains Calcium



Contains Iron



Contains Protein



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	Tuesday	Wednesday	Thursday	Friday
Cheese & Tomato Mac 'n' Cheese (V) 	Pulled Chicken Rice Bowl, Crispy Baked Tortilla, Lettuce & Salsa  	Roast Chicken, Crispy Roasties & Gravy  	Thai Yellow Chicken & Vegetable Curry Mixed Rice  	Sustainably Sourced Battered Fish & Chips   Oven Baked Chicken Nuggets & Chips   Jacket Potato & Salmon Mayo  
Buffalo Burrito (Ve) 	Smoky Quorn Rice Bowl, Crispy Baked Tortilla, Lettuce & Salsa (V)  	Roasted Cauliflower Cheese Tart, Crispy Roasties & Gravy  	Thai Yellow Vegetable Curry Mixed Rice (Ve)   	Cheese & Tomato Pizza & Wedges/Chips (V)  
Dirty Quorn & Cheesy Bean Burger (V)   	Fish Finger Bap & Mayo or Ketchup 	BBQ Chicken Snack Wrap 	Veggie Breakfast Frittata (V) 	Pepperoni Pizza & Wedges/Chips  
Vegetable Tikka & Mixed Rice  	Beef Bolognese Pasta Pot   	Chicken Jalfrezi & Steamed Rice 	Veggie Pasta Pot  	Tomato & Basil Pasta 
	Mediterranean Chicken 	Piri Piri Chicken 	Mediterranean Chicken 	Chicken Tikka 
Baked Beans    Garlic Bread Green Beans Garden Salad	Baked Beans    Fajita Roasted Sweetcorn & Peppers  Garden Salad	Baked Beans    Seasonal Mixed Vegetables  Garden Salad	Baked Beans    Asian Slaw, Garlic Green Beans  Garden Salad	Baked Beans    Peas  Garden Salad
Lemon & Blueberry Slice & Custard 	Baked Chocolate Cup	Baked Vanilla Sponge & Custard 	Cornflake Cake	Giant Chocolate Cookie

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











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POT 'N' TASTY



WRAP OR SUB

SIDES

Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Spanish Omelette & Pepper & Tomato Sauce &    Garlic Bread (V)	Chicken & Vegetable Enchilada, Savoury Rice  	Cottage Pie   	Chicken & Vegetable Korma, Gunpowder Potatoes OR Chicken & Vegetable Korma, Gunpowder Potatoes (H)  	Sustainably Sourced Battered Fish & Chips Oven Baked Chicken Goujons & Chips 
Veggie Bolognese Pasta Bake (V)  	Mexican Vegetable Stew & Baked Tortilla (Ve)  	Classic Mac 'n' Cheese, Cheesy Herb Crumb (V)  	Roasted Cauliflower & Sweet Potato Curry, Gunpowder Potatoes (Ve)  Alternatively, can be served with Half Mixed Rice & Gunpowder Potatoes	Cheese & Tomato Pizza & Wedges/Chips (V)  
Vegetable Cheeseburger (V) 	Panini of the Day Pepperoni or Cheesy Bean (V)  Pizza Topped Baguette Pepperoni or Margherita (V) 	Halal Chicken Sausage Roll 	BBQ Veggie Melt (V) 	Pepperoni Pizza & Wedges/Chips  
Vegetable Tikka Masala & Rice  	Tomato & Basil Pasta Pot 	Sweet & Sour Chicken Noodles  	Pesto Pasta Pot	Beef Bolognese Pasta Pot   
	Mediterranean Chicken 	Piri Piri Chicken 	Mediterranean Chicken 	Chicken Tikka 
Baked Beans    Garlic Green Beans  Garlic Bread, Garden Salad 	Baked Beans    Roasted Sweetcorn Wedges, Garden Salad 	Seasonal Mixed Vegetables  Garden Salad 	Baked Beans    Steamed Broccoli 	Baked Beans    Peas  Mixed Salad 

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Flapjack 	Marble Chocolate Sponge & Custard 	Jammie Cookie Cup	Iced Orange & Ginger Traybake	Homemade Lemon Drizzle Cake
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